



FAN INTO FLAMES GUIDE

1. WEEK ONE: SPIRITUAL DISCIPLINES (PRAYER + SCRIPTURE)

- Weekly Reading: Colossians 1**
 - Watch the Spiritual Disciplines Video**
(Find Inside the Fan Into Flames Facebook Group)
 - Share with the Facebook Group which Disciplines you feel strongest in and which disciplines you feel weakest in.**
(Must watch video before responding)
 - Determine the Time and Place for your Time Alone with God**
(Post a picture of the place you'll have your quiet time in the Facebook group)
 - Join the Facebook Live Group on Thursday for a Discussion Time with Tricia**
(If you are unable to watch/participate live, you'll be able to access & comment afterward)
 - Respond daily to Tricia with your OBSERVE, INTERNALIZE, EXTERNALIZE.**
(I will text you daily as accountability to ask you what your O, I, E were as you read through the Scripture for the day.)
 - Outline Weekly Prayer Focus**
(Find instruction in FB Group)
 - Follow and Complete Daily Breakdown**
(Find checklist below)
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WEEK ONE: DAILY BREAKDOWN | FOCUS: PRAYER + SCRIPTURE

<input type="checkbox"/>	MONDAY:
<input type="checkbox"/>	Determine the time & place for your time alone with God (share on FB)
<input type="checkbox"/>	Pray & ask the Holy Spirit to open your eyes to something new.
<input type="checkbox"/>	Read <u>Colossians 1:1-10</u>
<input type="checkbox"/>	Journal: 1. WHAT YOU OBSERVE FROM THE SCRIPTURE. 2. WHAT YOU WANT TO INTERNALIZE FROM THE SCRIPTURE. 3. WHAT YOU PLAN TO EXTERNALIZE FROM THE SCRIPTURE.
<input type="checkbox"/>	Ask God to empower you to internalize and externalize His Word.
<input type="checkbox"/>	Watch the Spiritual Disciplines Video.
<input type="checkbox"/>	Outline Weekly Prayer Focus in your journal.
<input type="checkbox"/>	Respond to Tricia with your O, I, E.
<input type="checkbox"/>	TUESDAY:
<input type="checkbox"/>	Ask the Holy Spirit to fill you and guide you as you begin reading.
<input type="checkbox"/>	Read <u>Colossians 1:9-14</u>
<input type="checkbox"/>	Journal: 1. WHAT YOU OBSERVE FROM THE SCRIPTURE. 2. WHAT YOU WANT TO INTERNALIZE FROM THE SCRIPTURE. 3. WHAT YOU PLAN TO EXTERNALIZE FROM THE SCRIPTURE.
<input type="checkbox"/>	Ask God to empower you to internalize and externalize His Word.
<input type="checkbox"/>	Pray over the World, Nation, & Your City
<input type="checkbox"/>	Respond to Tricia with your O, I, E.
<input type="checkbox"/>	WEDNESDAY:
<input type="checkbox"/>	Begin with prayers of adoration and gratitude before reading.
<input type="checkbox"/>	Read <u>Colossians 1:15-23</u>
<input type="checkbox"/>	Journal: 1. WHAT YOU OBSERVE FROM THE SCRIPTURE. 2. WHAT YOU WANT TO INTERNALIZE FROM THE SCRIPTURE. 3. WHAT YOU PLAN TO EXTERNALIZE FROM THE SCRIPTURE.
<input type="checkbox"/>	Ask God to empower you to internalize and externalize His Word.
<input type="checkbox"/>	Pray over Your Family.
<input type="checkbox"/>	Respond to Tricia with your O, I, E.
<input type="checkbox"/>	THURSDAY:
<input type="checkbox"/>	Kneel, with hands open to heaven as you pray today.
<input type="checkbox"/>	Read <u>Colossians 1:24-29</u>
<input type="checkbox"/>	Journal: 1. WHAT YOU OBSERVE FROM THE SCRIPTURE. 2. WHAT YOU WANT TO INTERNALIZE FROM THE SCRIPTURE. 3. WHAT YOU PLAN TO EXTERNALIZE FROM THE SCRIPTURE.

<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>Ask God to empower you to internalize and externalize His Word.</p> <p>Join the Facebook Live Group for a Discussion Time with Tricia.</p> <p>Pray over Your Friends + the Salvation of someone who is lost.</p> <p>Respond to Tricia with your O, I, E.</p>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>FRIDAY:</p> <p>Pray out loud today asking God to speak clearly to use as you read today.</p> <p>Reread <u>Colossians 1:3-14</u></p> <p>Journal:</p> <ol style="list-style-type: none"> 1. WHAT YOU OBSERVE FROM THE SCRIPTURE. 2. WHAT YOU WANT TO INTERNALIZE FROM THE SCRIPTURE. 3. WHAT YOU PLAN TO EXTERNALIZE FROM THE SCRIPTURE. <p>Ask God to empower you to internalize and externalize His Word.</p> <p>Pray through Your Main Struggles right now.</p> <p>Respond to Tricia with your O, I, E.</p>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>SATURDAY:</p> <p>Listen for God for 5 minutes before reading today.</p> <p>Reread <u>Colossians 1:15-23</u></p> <p>Journal:</p> <ol style="list-style-type: none"> 1. WHAT YOU OBSERVE FROM THE SCRIPTURE. 2. WHAT YOU WANT TO INTERNALIZE FROM THE SCRIPTURE. 3. WHAT YOU PLAN TO EXTERNALIZE FROM THE SCRIPTURE. <p>Ask God to empower you to internalize and externalize His Word.</p> <p>Pray over Your Goals + Dreams.</p> <p>Respond to Tricia with your O, I, E.</p>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>SUNDAY:</p> <p>Ask God to lead you as you choose what to memorize today.</p> <p>Choose <u>one verse to memorize</u> from Colossians 1.</p> <p>Journal:</p> <ol style="list-style-type: none"> 1. Write out the verse you've chosen to memorize 2 times. 2. Say the verse aloud 2 times. <p>Ask God to empower you to internalize and externalize His Word.</p> <p>Spend time in prayers of Thanks + Adoration, and journal recent Answered Prayers.</p> <p>Respond to Tricia with your O, I, E.</p>